

Children's Services

Every child and family is unique. We work with you to tailor a range of supports that will help your child reach their goals, and support your family to live your best possible lives.



Whatever age or stage your child is at, and whatever level of support they need, our team is here to help.

About our approach

Person-centred support is the foundation of our approach, putting your family and your child's needs and preferences first.

Our team of highly qualified team are trained in support strategies for Autism Spectrum Disorder, Positive Behaviour Support, high needs care and person-centred practice.

About our programs

We tailor your child's support to their age, abilities and goals.

Programs can include:

- Community connection
- Skill building
- Building daily living skills
- Shopping/budgeting
- Emotional regulation guidance
- Communication skills
- Respite
- Accommodation

Contact us

If you'd like to find out more about how our team can support you and your child to achieve your goals, contact our team on 1800 164 632 or email hello@minda.asn.au today

Minda's Children's Services offers dedicated support for young people with disability, and their families. Our services include short-term respite accommodation and school holiday programs based at Variety House, and Your Support - which can include mentoring, in home support, community access and participation.

mindainc.com.au



Children's Services



All our programs are designed to help your child achieve their goals and provide support for young people to live their best lives.



About our approach

Person-centred support is the foundation of our approach, putting your family and your child's needs and preferences first.

Our team of highly qualified Disability Support staff are trained in support strategies for Autism Spectrum Disorder, Positive Behaviour Support, high needs care and person-centred practice.

All our staff are medication trained.

About our programs

We tailor your child's support to their age, abilities and NDIS goals, but programs can include:

- Social participation
- Gross motor skills
- Daily living skills, including cooking and cleaning
- Shopping/budgeting skills
- Emotional regulation guidance
- Communication skills

What is Variety House?

Located in a quiet, residential street in Adelaide's inner-southern suburbs, Variety House is a safe and welcoming home-away-from-home for children aged 5 - 17 with cognitive disability.

Your child's wellbeing is at the centre of everything we do at Variety House. We get to know your family, follow your established routines and tailor support to your child's unique needs and personality.

Most importantly, all our staff are passionate about supporting children with disability to live their best lives.

Our facilities

Variety House is a safe and secure gated property, designed specifically for young people with disability.

The home features large, individual bedrooms, allowing for children to bring comfort items from home, calming sensory areas and a large communal living and dining space.

Outside, there are two large play areas equipped with accessible play equipment. We also have an onsite vehicle for transport, if required and funded in your child's NDIS plan.

Short term accommodation

Minda offers short-term accommodation at Variety House, giving families much-needed respite to recharge and spend quality time with other siblings. Short-term accommodation is available on weekdays, evenings and weekends, all year round.

Our short-term accommodation service provides:

- Individualised support for your child
- Staff ratio dependent on child's needs
- Meals provided on site, catering for dietary requirements
- Transport to and from school, if required
- Toiletries
- Toys and entertainment



Contact Us

If you'd like to know more, or to arrange a tour of Variety House with our staff, contact us on: 0407 588 240 or email ChildrensServicesReferrals@minda.asn.au

