

# Short-term Accommodation

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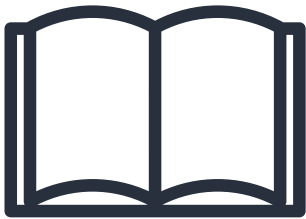


**Easy English**

# About this book



You can ask someone to help you with this book.



Some words are [blue](#) in this guide. To find out what this word means, go to page 7

# What is Short-term accommodation?



Short-term accommodation is your home away from home.



It's a safe place where you can stay overnight or longer.



You can stay there when your regular carers have a break, or if you need extra support for a short time.



Minda will support you.

# What you can expect

Our team can help you with:



- making friends



- Showering and dressing



- Helping you with your medication

# What we offer



- Meals, including any special food you need



- Support for you



- Outings, like beach trips or walks to the park



- And more

## Next steps



To get support you must have an NDIS plan.



Minda can help you with this.



Contact Minda to find out more.

## Contact us

You can contact us by:



Phone: 1800 164 632



Email: [hello@minda.asn.au](mailto:hello@minda.asn.au)



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